

**HighReach Learning Curriculum for Pre-K
Planning Supplement
for use with the
NEW Head Start Child Development and Early Learning Framework**

Topic: Light and Dark

The following charts show all eleven domains from the Head Start Child Development and Early Learning Framework and the elements for each one. The charts list page numbers of experiences that address each Head Start element within the topic Light and Dark. The three new domains are color-coded in yellow. The eight existing domains are color-coded in blue.

The topic Light and Dark is divided into **four subtopics**. (These may also be found on the concept web on pp. 6–7 or the table of contents on pp. 2–3 of this topic's Learning Experiences Guide.)

- Exploring Light and Dark
- Why Is Light Important?
- Creating with Light and Dark
- In the Dark

The activities in each subtopic column are categorized into **five HighReach Curriculum Learning Domains** as they are found within the Learning Experiences Guide for this topic.

- Language and Emergent Literacy
- Science and Math
- Creative Expression
- Physical Health and Development
- Social/Emotional

The experiences that offer opportunities for growth in each Head Start domain element are listed on the charts along with the page numbers from the Learning Experiences Guide. You will notice that an experience may be listed in a HighReach learning domain like Language and Emergent Literacy but still addresses goals in other Head Start domains like Social Studies or Logic and Reasoning.

Each topic from HighReach *Curriculum for Pre-K* is packed with learning experiences that can be used to promote development and learning. Because the experiences are designed to offer choice and support children's interests and curiosity, children and teachers may take them in many different directions. This means the experiences are not narrowly focused on one specific skill but are open to promoting integrated development across learning domains.

HRL Topic: Light and Dark
NEW Head Start Domain: Logic and Reasoning

| Light and Dark | Subtopic: Exploring Light and Dark | Subtopic: Why Is Light Important? | Subtopic: Creating with Light and Dark | Subtopic: In the Dark | |
|----------------|---|---|--|---|--|
| HRL Domains | Reasoning and Problem Solving: The ability to recognize, understand, and analyze a problem and draw on knowledge or experience to seek solutions to a problem. | | | | |
| | Language & Literacy | Story Retelling, p. 12 Matching Shades, p. 13 | Tools to See, p. 24 Opposites, p. 25 Shadow Box, p. 25 | Just Passing Through, p. 36 | Things We Do, p. 49 |
| | Science & Math | Flashlights, p. 14 Light Scenes, p. 14 Find the Light, p. 14 Shades of Color, p. 15 Rainbow of Colors, p. 15 In the Light, p. 15 | Did It Grow? p. 26 Rainbow Maker, p. 26 Shades of Color, p. 26 Clocks, p. 27 It Melts! p. 27 | Color Viewers p. 38 Seeing Double, p. 38 What Can We See? p. 39 | Time of Day, p. 50 Kaleidoscopes, p. 50 Cloudy or Sunny, p. 50 Four Shades, p. 51 Animal Match, p. 51 |
| | Creative Expression | Let the Sun Shine In, p. 16 Painting Light and Dark, p. 16 | Animal Role-Play, p. 28 Let There Be Light, p. 28 | Light Mixing, p. 40 Light Bright, p. 41 | Painting in the Dark, p. 52 |
| | Physical Health & Develop. | Moving Shadows, p. 18 | Bear Hunt, p. 30 Shadow Play, p. 31 | World Is a Rainbow, p. 42 Twister, p. 43 Color Seekers, p. 43 | Shady Moves, p. 54 |
| | Social/ Emotional | Color Bags, p. 20 Mystery Person, p. 20 Through the Peephole, p. 21 Making Light Travel, p. 21 | Our Eyes See, p. 32 Light Up How I Feel, p. 33 Glowing, p. 33 | Mixing Light, p. 44 Rainbow Fish, p. 45 | |
| | Symbolic Representation: The use of symbols or objects to represent something else. | | | | |
| | Language & Literacy | Story Retelling, p. 12 Shadow Puppets, p. 12 In My Room at Night, p. 13 Goodnight, Moon, p. 13 | Puppet Play, p. 24 Wishes, p. 24 Signs, p. 25 Shadow Box, p. 25 | Rhyme Time, p. 36 Light and Dark Display, p. 37 Let It Glow, p. 37 | Outside My Window, p. 48 Telescopes, p. 49 What Do You See, p. 49 Night Animals, p. 49 Things We Do, p. 49 |
| | Science & Math | Rainbow of Color, p. 15 | Did It Grow? p. 26 Shady Shapes, p. 27 | Light and Dark Dough, p. 39 | Seeing the Moon, p. 50 Cloudy or Sunny, p. 50 Four Shades, p. 51 |
| | Creative Expression | In the Dark, p. 16 Let the Sun Shine In, p. 16 Night Sky, p. 17 Shades of Day and Night, p. 17 Laundry, p. 17 | Around the Fire, p. 28 Animal Role-Play, p. 28 Fanciful Flowers, p. 29 | Silhouette, p. 40 Disco Fever, p. 41 | Animals in the Dark, p. 52 In the Night Sky, p. 52 Role-Play, p. 53 |
| | Physical Health & Develop. | Mister Sun, p. 18 In the Morning, p. 19 | Bear Hunt, p. 30 Campfire Songs, p. 30 You Are My Sunshine, p. 30 | | Catch the Moon, p. 55 Twinkle, Twinkle, p. 55 |
| | Social/ Emotional | How Do I Feel? p. 20 Color Expressions, p. 20 | This Is the Way I Feel, p. 33 Light Up How I Feel, p. 33 | Many Colored Days, p. 44 Feeling the Color, p. 45 Our Color Quilt, p. 45 Rainbow Fish, p. 45 | Rising Stars, p. 56 Wish Box, p. 56 Night Story, p. 57 Glad Monster, p. 57 |

HRL Topic: Light and Dark

NEW Head Start Domain: Social Studies

| Light and Dark | Subtopic: Exploring Light and Dark | Subtopic: Why Is Light Important? | Subtopic: Creating with Light and Dark | Subtopic: In the Dark |
|--|---|---|--|---|
| Self, Family, and Community: The understanding of one's relationship to the family and community, roles in the family and community, and respect for diversity. | | | | |
| Language & Literacy | In My Room at Night, p. 13 | | Festival of Lights, p. 36 | What Do You See, p. 49 Things We Do, p. 49 |
| Science & Math | | | | |
| Creative Expression | | Fanciful Flowers, p. 29 | | |
| Physical Health & Develop. | | | Twister, p. 43 | |
| Social/ Emotional | Mystery Person, p. 20 | Look How I've Grown, p. 32 Our Eyes See, p. 32 Reflections, p. 33 | | Firefly Game, p. 56 Rising Stars, p. 56 |
| People and the Environment: The understanding of the relationship between people and the environment in which they live. | | | | |
| Language & Literacy | Light and Dark, p. 12 Matching Shades, p. 13 | Tools to See, p. 24 | | Telescopes, p. 49 What Do You See, p. 49 Night Animals, p. 49 |
| Science & Math | Light Scenes, p. 14 In the Light, p. 15 | Did It Grow? p. 26 It Melts! p. 27 Shady Shapes, p. 27 | Color Viewers p 38 | Kaleidoscopes, p. 50 Seeing the Moon, p. 50 Cloudy or Sunny, p. 50 Animal Match, p. 51 |
| Creative Expression | | Animal Role-Play, p. 28 Fanciful Flowers, p. 29 | | Animals in the Dark, p. 52 Animal Creations, p. 53 |
| Physical Health & Develop. | Moving Shadows, p. 18 | Shadow Play, p. 31 Rules of the Road, p. 31 | Shadow Search, p. 43 | Shadow Moves, p. 54 |
| Social/ Emotional | | | | |
| History and Events: The understanding that events happened in the past and how these events relate to one's self, family, and community. | | | | |
| Language & Literacy | | | Festival of Lights, p. 36 | Outside My Window, p. 48 Night Animals, p. 49 Things We Do, p. 49 |
| Science & Math | | Did It Grow? p. 26 It Melts! p. 27 | | Time of Day, p. 50 |
| Creative Expression | Shades of Day and Night, p. 17 | | | |
| Physical Health & Develop. | Moving Shadows, p. 18 In the Morning, p. 19 | | | |
| Social/ Emotional | | Look How I've Grown, p. 32 | | Wish Box, p. 56 |

HRL Domains

HRL Topic: Light and Dark

NEW Head Start Domain: English Language Development

| Light and Dark | Subtopic: Exploring Light and Dark | Subtopic: Why Is Light Important? | Subtopic: Creating with Light and Dark | Subtopic: In the Dark | |
|---|---|---|--|--|--|
| Receptive English Language Skills: The ability to comprehend or understand the English language. | | | | | |
| HRL Domains | Language & Literacy | Light and Dark, p. 12 Story Retelling, p. 12 Shadow Puppets, p. 12 In My Room at Night, p. 13 Goodnight, Moon, p. 13 Matching Shades, p. 13 | Puppet Play, p. 24 Wishes, p. 24 Tools to See, p. 24 Signs, p. 25 Opposites, p. 25 Shadow Box, p. 25 | Just Passing Through, p. 36 Festival of Lights, p. 36 Rhyme Time, p. 36 Light and Dark Display, p. 37 Let It Glow, p. 37 | Outside My Window, p. 48 The Dark, Dark Wood, p. 48 Telescopes, p. 49 What Do You See, p. 49 Night Animals, p. 49 |
| | Science & Math | Flashlights, p. 14 Light Scenes, p. 14 In the Light, p. 15 | Did It Grow? p. 26 Rainbow Maker, p. 26 Clocks, p. 27 It Melts! p. 27 Shady Shapes, p. 27 | Seeing Double, p. 38 Punch of a Different Color, p. 38 What Can We See? p. 39 | Time of Day, p. 50 Kaleidoscopes, p. 50 Seeing the Moon, p. 50 Cloudy or Sunny, p. 50 Four Shades, p. 51 Design in the Dark, p. 51 |
| | Creative Expression | In the Dark, p. 16 Mosaics, p. 17 Night Sky, p. 17 | Around the Fire, p. 28 Fanciful Flowers, p. 29 | Light Mixing, p. 40 Paint Palette, p. 41 Tissue Tints, p. 41 Light Bright, p. 41 | Animals in the Dark, p. 52 In the Night Sky, p. 52 Animal Creations, p. 53 Role-Play, p. 53 |
| | Physical Health & Develop. | Parade of Colors, p. 18 Moving Shadows, p. 18 Make a Move, p. 19 | Bear Hunt, p. 30 Campfire Songs, p. 30 Red Light, Green Light, p. 30 Rules of the Road, p. 31 | World Is a Rainbow, p. 42 Twister, p. 43 Shadow Search, p. 43 | Animal Chant, p. 54 Shady Moves, p. 54 Shadow Moves, p. 54 Catch the Moon, p. 55 Twinkle, Twinkle, p. 55 Hide-and-Seek Light, p. 55 |
| | Social/ Emotional | How Do I Feel? p. 20 Color Expressions, p. 20 Color Bags, p. 20 Mystery Person, p. 20 Through the Peephole, p. 21 Making Light Travel, p. 21 | Look How I've Grown, p. 32 Funshine Stories, p. 32 This Is the Way I Feel, p. 33 Reflections, p. 33 Light Up How I Feel, p. 33 Glowing, p. 33 | Relaxing in the Dark, p. 44 Many Colored Days, p. 44 Rainbow Fish, p. 45 | Firefly Game, p. 56 Night Story, p. 57 Glad Monster, p. 57 |
| | Expressive English Language Skills: The ability to speak or use English. | | | | |
| HRL Domains | Language & Literacy | Light and Dark, p. 12 Story Retelling, p. 12 Shadow Puppets, p. 12 In My Room at Night, p. 13 Goodnight, Moon, p. 13 Matching Shades, p. 13 | Puppet Play, p. 24 Wishes, p. 24 Tools to See, p. 24 Signs, p. 25 Opposites, p. 25 Shadow Box, p. 25 | Just Passing Through, p. 36 Festival of Lights, p. 36 Rhyme Time, p. 36 Light and Dark Display, p. 37 Let It Glow, p. 37 | Outside My Window, p. 48 The Dark, Dark Wood, p. 48 Telescopes, p. 49 What Do You See, p. 49 Night Animals, p. 49 |
| | Science & Math | Light Scenes, p. 14 In the Light, p. 15 | Did It Grow? p. 26 Rainbow Maker, p. 26 Clocks, p. 27 It Melts! p. 27 Shady Shapes, p. 27 | Seeing Double, p. 38 Punch of a Different Color, p. 38 What Can We See? p. 39 | Time of Day, p. 50 Kaleidoscopes, p. 50 Seeing the Moon, p. 50 Cloudy or Sunny, p. 50 Four Shades, p. 51 Design in the Dark, p. 51 |
| | Creative Expression | In the Dark, p. 16 Mosaics, p. 17 Night Sky, p. 17 | Around the Fire, p. 28 Fanciful Flowers, p. 29 | Light Mixing, p. 40 Paint Palette, p. 41 Tissue Tints, p. 41 Light Bright, p. 41 | Animals in the Dark, p. 52 In the Night Sky, p. 52 Animal Creations, p. 53 Role-Play, p. 53 |
| | Physical Health & Develop. | Moving Shadows, p. 18 | Bear Hunt, p. 30 Campfire Songs, p. 30 Red Light, Green Light, p. 30 Rules of the Road, p. 31 | World Is a Rainbow, p. 42 Shadow Search, p. 43 | Animal Chant, p. 54 Shady Moves, p. 54 Shadow Moves, p. 54 Catch the Moon, p. 55 Twinkle, Twinkle, p. 55 Hide-and-Seek Light, p. 55 |
| | Social/ Emotional | How Do I Feel? p. 20 Color Expressions, p. 20 Color Bags, p. 20 Mystery Person, p. 20 Through the Peephole, p. 21 Making Light Travel, p. 21 | Look How I've Grown, p. 32 Funshine Stories, p. 32 This Is the Way I Feel, p. 33 Reflections, p. 33 Light Up How I Feel, p. 33 Glowing, p. 33 | Many Colored Days, p. 44 Rainbow Fish, p. 45 | Firefly Game, p. 56 Night Story, p. 57 Glad Monster, p. 57 |
| | Expressive English Literacy Activities: Understanding and responding to books, storytelling, and songs presented in English. | | | | |
| HRL Domains | Language & Literacy | Light and Dark, p. 12 Goodnight, Moon, p. 13 In My Room at Night, p. 13 | Puppet Play, p. 24 Wishes, p. 24 Opposites, p. 25 Shadow Box, p. 25 | Rhyme Time, p. 36 | Outside My Window, p. 48 The Dark, Dark Wood, p. 48 The Write Stuff, p. 48 What Do You See, p. 49 Night Animals, p. 49 |
| | Science & Math | | Rainbow Maker, p. 26 | | Seeing the Moon, p. 50 |
| | Creative Expression | | Bear Hunt, p. 30 Campfire Songs, p. 30 | | |
| | Physical Health & Develop. | Mister Sun, p. 18 | You Are My Sunshine, p. 30 | Light on Dark, p. 42 | Animal Chant, p. 54 Catch the Moon, p. 55 Twinkle, Twinkle, p. 55 |
| | Social/ Emotional | | | Many Colored Days, p. 44 Rainbow Fish, p. 45 | Firefly Game, p. 56 Night Story, p. 57 Glad Monster, p. 57 |

HRL Topic: Light and Dark

NEW Head Start Domain: Physical Health and Development

| Light and Dark | Subtopic: Exploring Light and Dark | Subtopic: Why Is Light Important? | Subtopic: Creating with Light and Dark | Subtopic: In the Dark | |
|----------------|---|---|--|---|--|
| HRL Domains | Physical Health Status: The maintenance of healthy and age-appropriate physical well-being. | | | | |
| | Language & Literacy | | | | |
| | Science & Math | | | Animal Match, p. 51 | |
| | Creative Expression | | Animal Role-Play, p. 28 | Disco Fever, p. 41 | |
| | Physical Health & Develop. | Parade of Colors, p. 18 Moving Shadows, p. 18 Spotlight, p. 19 Make a Move, p. 19 | Bear Hunt, p. 30 Campfire Songs, p. 30 Red Light, Green Light, p. 30 Shadow Play, p. 31 Rules of the Road, p. 31 | We and Our Shadows, p. 42 Move Your Body, p. 42 World Is a Rainbow, p. 42 Twister, p. 43 Shadow Search, p. 43 Color Seekers, p. 43 | Animal Chant, p. 54 Shady Moves, p. 54 Catch the Moon, p. 55 Hide-and-Seek Light, p. 55 |
| | Social/Emotional | | | Relaxing in the Dark, p. 44 | Relaxing Nap Time, p. 56 |
| | Health Knowledge and Practice: The understanding of healthy and safe habits and practicing healthy habits. | | | | |
| | Language & Literacy | | | | Things We Do, p. 49 |
| | Science & Math | | | | Animal Match, p. 51 |
| | Creative Expression | Laundry, p. 17 | Animal Role-Play, p. 28 Making Crayons, p. 29 | Disco Fever, p. 41 | |
| | Physical Health & Develop. | Parade of Colors, p. 18 Moving Shadows, p. 18 Spotlight, p. 19 Make a Move, p. 19 | Campfire Songs, p. 30 Red Light, Green Light, p. 30 Shadow Play, p. 31 Rules of the Road, p. 31 Look How I've Grown, p. 32 | We and Our Shadows, p. 42 Move Your Body, p. 42 World Is a Rainbow, p. 42 Twister, p. 43 Shadow Search, p. 43 Color Seekers, p. 43 | Animal Chant, p. 54 Shady Moves, p. 54 Shadow Moves, p. 54 Catch the Moon, p. 55 Hide-and-Seek Light, p. 55 |
| | Social/Emotional | | | Relaxing in the Dark, p. 44 | Relaxing Nap Time, p. 56 |
| | Gross Motor Skills: The control of large muscles for movement, navigation, and balance. | | | | |
| | Language & Literacy | | | | |
| | Science & Math | | | | Animal Match, p. 51 |
| | Creative Expression | | Animal Role-Play, p. 28 | Disco Fever, p. 41 | |
| | Physical Health & Develop. | Parade of Colors, p. 18 Moving Shadows, p. 18 Mister Sun, p. 18 Spotlight, p. 19 Make a Move, p. 19 | Bear Hunt, p. 30 Campfire Songs, p. 30 Red Light, Green Light, p. 30 Shadow Play, p. 31 Rules of the Road, p. 31 | We and Our Shadows, p. 42 Move Your Body, p. 42 World Is a Rainbow, p. 42 Twister, p. 43 Shadow Search, p. 43 Color Seekers, p. 43 | Animal Chant, p. 54 Shady Moves, p. 54 Shadow Moves, p. 54 Catch the Moon, p. 55 Hide-and-Seek Light, p. 55 |
| | Social/Emotional | | | | |
| | Fine Motor Skills: The control of small muscles for such purposes as using utensils, self-care, building, and exploring. | | | | |
| | Language & Literacy | Story Retelling, p. 12 Shadow Puppets, p. 12 In My Room at Night, p. 13 Goodnight, Moon, p. 13 | Wishes, p. 24 Write with Light, p. 24 Signs, p. 25 | Rhyme Time, p. 36 Light and Dark Display, p. 37 Light Box, p. 37 Let It Glow, p. 37 | Outside My Window, p. 48 The Write Stuff, p. 48 Telescopes, p. 49 What Do You See, p. 49 Night Animals, p. 49 Things We Do, p. 49 |
| | Science & Math | Shades of Color, p. 15 Rainbow of Colors, p. 15 | Did It Grow? p. 26 Shady Shapes, p. 27 | Color Viewers p. 38 Paper Patterns, p. 38 Seeing Double, p. 38 Punch of a Different Color, p. 38 Light and Dark Dough, p. 39 | Seeing the Moon, p. 50 Cloudy or Sunny, p. 50 Design in the Dark, p. 51 |
| | Creative Expression | In the Dark, p. 16 Let the Sun Shine In, p. 16 Painting Light and Dark, p. 16 | Around the Fire, p. 28 Let There Be Light, p. 28 Making Crayons, p. 29 Candle Makers, p. 29 | Light Mixing, p. 40 Silhouette, p. 40 Paint Palette, p. 41 Tissue Tints, p. 41 Disco Fever, p. 41 Light Bright, p. 41 | In the Night Sky, p. 52 Painting in the Dark, p. 52 In the Night, p. 53 Animal Creations, p. 53 |
| | Physical Health & Develop. | Mosaics, p. 17 Night Sky, p. 17 Shades of Day and Night, p. 17 Laundry, p. 17 Mister Sun, p. 18 | | Light on Dark, p. 42 | Animal Chant, p. 54 Twinkle, Twinkle, p. 55 |
| | Social/Emotional | Color Expressions, p. 20 | Look How I've Grown, p. 32 | Many Colored Days, p. 44 Our Color Quilt, p. 45 Rainbow Fish, p. 45 | Rising Stars, p. 56 Wish Box, p. 56 Night Story, p. 57 |

HRL Topic: Light and Dark

NEW Head Start Domain: Social and Emotional Development

| Light and Dark | Subtopic: Exploring Light and Dark | Subtopic: Why Is Light Important? | Subtopic: Creating with Light and Dark | Subtopic: In the Dark | |
|----------------|--|---|--|--|---|
| HRL Domains | Social Relationships: The healthy relationships and interactions with adults and peers. | | | | |
| | Language & Literacy | In My Room at Night, p. 13 Goodnight, Moon, p. 13 Matching Shades, p. 13 | Puppet Play, p. 24 Wishes, p. 24 Write with Light, p. 24 Shadow Box, p. 25 | Festival of Lights, p. 36 Light and Dark Display, p. 37 | The Dark, Dark Wood, p. 48 What Do You See, p. 49 Things We Do, p. 49 |
| | Science & Math | Light Scenes, p. 14 Shades of Color, p. 15 | Shades of Color, p. 26 Shady Shapes, p. 27 | What Can We See? p. 39 | Cloudy or Sunny, p. 50 |
| | Creative Expression | In the Dark, p. 16 Laundry, p. 17 | Around the Fire, p. 28 Animal Role-Play, p. 28 Fanciful Flowers, p. 29 | Silhouette, p. 40 Disco Fever, p. 41 | Animals in the Dark, p. 52 In the Night, p. 53 Role-Play, p. 53 |
| | Physical Health & Develop. | Parade of Colors, p. 18 Mister Sun, p. 18 Spotlight, p. 19 | Bear Hunt, p. 30 Campfire Songs, p. 30 You Are My Sunshine, p. 30 Red Light, Green Light, p. 30 Shadow Play, p. 31 Rules of the Road, p. 31 | We and Our Shadows, p. 42 Light on Dark, p. 42 Move Your Body, p. 42 Twister, p. 43 | Shady Moves, p. 54 Hide-and-Seek Light, p. 55 |
| | Social/Emotional | How Do I Feel? p. 20 Color Bags, p. 20 Mystery Person, p. 20 Through the Peephole, p. 21 Making Light Travel, p. 21 | Funshine Stories, p. 32 Our Eyes See, p. 32 This Is the Way I Feel, p. 33 Light Up How I Feel, p. 33 Glowing, p. 33 | Mixing Light, p. 44 Feeling the Color, p. 45 Our Color Quilt, p. 45 Rainbow Fish, p. 45 | Firefly Game, p. 56 Rising Stars, p. 56 Relaxing Nap Time, p. 56 Night Story, p. 57 |
| | Self-Concept and Self-Efficacy: The perception that one is capable of successfully making decisions, accomplishing tasks, and meeting goals. | | | | |
| | Language & Literacy | Shadow Puppets, p. 12 | Wishes, p. 24 Tools to See, p. 24 Write with Light, p. 24 Signs, p. 25 | Just Passing Through, p. 36 Rhyme Time, p. 36 Light and Dark Display, p. 37 Let It Glow, p. 37 | The Dark, Dark Wood, p. 48 Things We Do, p. 49 |
| | Science & Math | Shades of Color, p. 15 Rainbow of Colors, p. 15 In the Light, p. 15 | Shady Shapes, p. 27 | Seeing Double, p. 38 Punch of a Different Color, p. 38 Light and Dark Dough, p. 39 | Four Shades, p. 51 |
| | Creative Expression | Let the Sun Shine In, p. 16 | Around the Fire, p. 28 | Sun Prints, p. 40 Paint Palette, p. 41 | In the Night Sky, p. 52 Painting in the Dark, p. 52 |
| | Physical Health & Develop. | Parade of Colors, p. 18 Spotlight, p. 19 Make a Move, p. 19 | Campfire Songs, p. 30 Red Light, Green Light, p. 30 | World Is a Rainbow, p. 42 | Shady Moves, p. 54 Catch the Moon, p. 55 |
| | Social/Emotional | How Do I Feel? p. 20 Color Expressions, p. 20 | Look How I've Grown, p. 32 Funshine Stories, p. 32 Reflections, p. 33 Light Up How I Feel, p. 33 | Relaxing in the Dark, p. 44 Many Colored Days, p. 44 Feeling the Color, p. 45 Our Color Quilt, p. 45 Rainbow Fish, p. 45 | Rising Stars, p. 56 Wish Box, p. 56 Relaxing Nap Time, p. 56 Night Story, p. 57 Glad Monster, p. 57 |
| | Self-Regulation: The ability to recognize and regulate emotions, attention, impulses, and behavior. | | | | |
| | Language & Literacy | In My Room at Night, p. 13 Goodnight, Moon, p. 13 | Write with Light, p. 24 | Light and Dark Display, p. 37 | Things We Do, p. 49 |
| | Science & Math | Flashlights, p. 14 | Shades of Color, p. 26 | Light and Dark Dough, p. 39 | Four Shades, p. 51 Design in the Dark, p. 51 |
| | Creative Expression | In the Dark, p. 16 | Making Crayons, p. 29 Candle Makers, p. 29 | Paint Palette, p. 41 | Role-Play, p. 53 |
| | Physical Health & Develop. | Parade of Colors, p. 18 Mister Sun, p. 18 Make a Move, p. 19 | Rules of the Road, p. 31 | Light on Dark, p. 42 Move Your Body, p. 42 World Is a Rainbow, p. 42 Twister, p. 43 Color Seekers, p. 43 | Shady Moves, p. 54 Hide-and-Seek Light, p. 55 |
| | Social/Emotional | How Do I Feel? p. 20 Color Expressions, p. 20 Through the Peephole, p. 21 | Funshine Stories, p. 32 This Is the Way I Feel, p. 33 Light Up How I Feel, p. 33 | Relaxing in the Dark, p. 44 Mixing Light, p. 44 Many Colored Days, p. 44 Feeling the Color, p. 45 Rainbow Fish, p. 45 | Firefly Game, p. 56 Wish Box, p. 56 Relaxing Nap Time, p. 56 Night Story, p. 57 Glad Monster, p. 57 |
| | Emotional and Behavioral Health: A healthy range of emotional expression and learning positive alternatives to aggressive or isolating behaviors. | | | | |
| | Language & Literacy | In My Room at Night, p. 13 Goodnight, Moon, p. 13 | Puppet Play, p. 24 Shadow Box, p. 25 | Festival of Lights, p. 36 | Things We Do, p. 49 |
| | Science & Math | In the Light, p. 15 | Shades of Color, p. 26 | | |
| | Creative Expression | In the Dark, p. 16 | Around the Fire, p. 28 Fanciful Flowers, p. 29 | Disco Fever, p. 41 | Painting in the Dark, p. 52 |
| | Physical Health & Develop. | Spotlight, p. 19 In the Morning, p. 19 | Campfire Songs, p. 30 You Are My Sunshine, p. 30 | Twister, p. 43 | Hide-and-Seek Light, p. 55 |
| | Social/Emotional | How Do I Feel? p. 20 Color Expressions, p. 20 Through the Peephole, p. 21 | This Is the Way I Feel, p. 33 Light Up How I Feel, p. 33 | Relaxing in the Dark, p. 44 Many Colored Days, p. 44 Feeling the Color, p. 45 Rainbow Fish, p. 45 | Rising Stars, p. 56 Wish Box, p. 56 Relaxing Nap Time, p. 56 Night Story, p. 57 Glad Monster, p. 57 |

HRL Topic: Light and Dark

NEW Head Start Domain: Approaches to Learning

| Light and Dark | Subtopic: Exploring Light and Dark | Subtopic: Why Is Light Important? | Subtopic: Creating with Light and Dark | Subtopic: In the Dark | |
|--|--|--|--|---|---|
| Initiative and Curiosity: An interest in varied topics and activities, desire to learn, creativeness, and independence in learning. | | | | | |
| HRL Domains | Language & Literacy | Light and Dark, p. 12 Story Retelling, p. 12 Matching Shades, p. 13 | Wishes, p. 24 Tools to See, p. 24 Opposites, p. 25 | Just Passing Through, p. 36 Rhyme Time, p. 36 Light Box, p. 37 | The Write Stuff, p. 48 Telescopes, p. 49 Things We Do, p. 49 |
| | Science & Math | Flashlights, p. 14 Seeing Color, p. 14 Light Scenes, p. 14 Find the Light, p. 14 Shades of Color, p. 15 Rainbow of Colors, p. 15 In the Light, p. 15 | Did It Grow? p. 26 Rainbow Maker, p. 26 Shades of Color, p. 26 Clocks, p. 27 It Melts! p. 27 Shady Shapes, p. 27 | Color Viewers p. 38 Seeing Double, p. 38 What Can We See? p. 39 | Time of Day, p. 50 Kaleidoscopes, p. 50 Four Shades, p. 51 Animal Match, p. 51 |
| | Creative Expression | In the Dark, p. 16 Painting Light and Dark, p. 16 Shades of Day and Night, p. 17 | Let There Be Light, p. 28 Fanciful Flowers, p. 29 | Sun Prints, p. 40 Light Mixing, p. 40 Tissue Tints, p. 41 | In the Night Sky, p. 52 Role-Play, p. 53 |
| | Physical Health & Develop. | Moving Shadows, p. 18 In the Morning, p. 19 | Shadow Play, p. 31 | Shadow Search, p. 43 | Catch the Moon, p. 55 |
| | Social/Emotional | Color Bags, p. 20 Through the Peephole, p. 21 Making Light Travel, p. 21 | Our Eyes See, p. 32 This Is the Way I Feel, p. 33 | Mixing Light, p. 44 | Wish Box, p. 56 |
| | Persistence and Attentiveness: The ability to begin and finish activities with persistence and attention. | | | | |
| HRL Domains | Language & Literacy | Light and Dark, p. 12 Story Retelling, p. 12 Matching Shades, p. 13 | Tools to See, p. 24 | Just Passing Through, p. 36 Rhyme Time, p. 36 Light Box, p. 37 | The Write Stuff, p. 48 Things We Do, p. 49 |
| | Science & Math | Flashlights, p. 14 Seeing Color, p. 14 Shades of Color, p. 15 Rainbow of Colors, p. 15 | Did It Grow? p. 26 Rainbow Maker, p. 26 It Melts! p. 27 Shady Shapes, p. 27 | Color Viewers p. 38 Paper Patterns, p. 38 What Can We See? p. 39 Light and Dark Dough, p. 39 | Kaleidoscopes, p. 50 Four Shades, p. 51 Design in the Dark, p. 51 |
| | Creative Expression | In the Dark, p. 16 | Around the Fire, p. 28 Making Crayons, p. 29 Fanciful Flowers, p. 29 | Sun Prints, p. 40 Disco Fever, p. 41 Light Bright, p. 41 | In the Night Sky, p. 52 Animal Creations, p. 53 |
| | Physical Health & Develop. | Moving Shadows, p. 18 | Shadow Play, p. 31 | Color Seekers, p. 43 | Hide-and-Seek Light, p. 55 |
| | Social/Emotional | Color Bags, p. 20 Making Light Travel, p. 21 | Glowing, p. 33 | Our Color Quilt, p. 45 Rainbow Fish, p. 45 | Night Story, p. 57 |
| | Cooperation: An interest and engagement in group experiences. | | | | |
| HRL Domains | Language & Literacy | In My Room at Night, p. 13 Goodnight, Moon, p. 13 Matching Shades, p. 13 | Puppet Play, p. 24 Write with Light, p. 24 Shadow Box, p. 25 | Festival of Lights, p. 36 Light and Dark Display, p. 37 | The Dark, Dark Wood, p. 48 What Do You See, p. 49 Things We Do, p. 49 |
| | Science & Math | Light Scenes, p. 14 Shades of Color, p. 15 | Shades of Color, p. 26 Shady Shapes, p. 27 | What Can We See? p. 39 | |
| | Creative Expression | In the Dark, p. 16 Laundry, p. 17 | Around the Fire, p. 28 Animal Role-Play, p. 28 Fanciful Flowers, p. 29 | Silhouette, p. 40 Disco Fever, p. 41 Light Bright, p. 41 | Animals in the Dark, p. 52 In the Night, p. 53 Role-Play, p. 53 |
| | Physical Health & Develop. | Parade of Colors, p. 18 Mister Sun, p. 18 Spotlight, p. 19 Make a Move, p. 19 | Bear Hunt, p. 30 Campfire Songs, p. 30 You Are My Sunshine, p. 30 Red Light, Green Light, p. 30 Shadow Play, p. 31 Rules of the Road, p. 31 | We and Our Shadows, p. 42 Light on Dark, p. 42 Move Your Body, p. 42 Twister, p. 43 | Animal Chant, p. 54 Shady Moves, p. 54 Hide-and-Seek Light, p. 55 |
| | Social/Emotional | How Do I Feel? p. 20 Color Bags, p. 20 Mystery Person, p. 20 Through the Peephole, p. 21 | Funshine Stories, p. 32 Our Eyes See, p. 32 This Is the Way I Feel, p. 33 Light Up How I Feel, p. 33 Glowing, p. 33 | Relaxing in the Dark, p. 44 Mixing Light, p. 44 Feeling the Color, p. 45 Our Color Quilt, p. 45 Rainbow Fish, p. 45 | Firefly Game, p. 56 Rising Stars, p. 56 |

HRL Topic: Light and Dark

NEW Head Start Domain: Language Development

| Light and Dark | Subtopic: Exploring Light and Dark | Subtopic: Why Is Light Important? | Subtopic: Creating with Light and Dark | Subtopic: In the Dark | |
|----------------|--|---|---|--|--|
| HRL Domains | Receptive Language: The ability to comprehend or understand language. | | | | |
| | Language & Literacy | Light and Dark, p. 12 Story Retelling, p. 12 Shadow Puppets, p. 12 In My Room at Night, p. 13 Goodnight, Moon, p. 13 Matching Shades, p. 13 | Puppet Play, p. 24 Wishes, p. 24 Tools to See, p. 24 Signs, p. 25 Opposites, p. 25 Shadow Box, p. 25 | Just Passing Through, p. 36 Festival of Lights, p. 36 Rhyme Time, p. 36 Light and Dark Display, p. 37 Let It Glow, p. 37 | Outside My Window, p. 48 The Dark, Dark Wood, p. 48 Telescopes, p. 49 What Do You See, p. 49 Night Animals, p. 49 Things We Do, p. 49 |
| | Science & Math | Flashlights, p. 14 Light Scenes, p. 14 In the Light, p. 15 | Did It Grow? p. 26 Rainbow Maker, p. 26 Clocks, p. 27 It Melts! p. 27 Shady Shapes, p. 27 | Seeing Double, p. 38 Punch of a Different Color, p. 38 What Can We See? p. 39 | Time of Day, p. 50 Kaleidoscopes, p. 50 Seeing the Moon, p. 50 Cloudy or Sunny, p. 50 Four Shades, p. 51 Design in the Dark, p. 51 |
| | Creative Expression | In the Dark, p. 16 Mosaics, p. 17 Night Sky, p. 17 Shades of Day and Night, p. 17 | Around the Fire, p. 28 Let There Be Light, p. 28 Fanciful Flowers, p. 29 | Light Mixing, p. 40 Paint Palette, p. 41 Tissue Tints, p. 41 Light Bright, p. 41 | Animals in the Dark, p. 52 In the Night Sky, p. 52 Animal Creations, p. 53 Role-Play, p. 53 |
| | Physical Health & Develop. | Parade of Colors, p. 18 Moving Shadows, p. 18 Make a Move, p. 19 In the Morning, p. 19 | Bear Hunt, p. 30 You Are My Sunshine, p. 30 Red Light, Green Light, p. 30 Rules of the Road, p. 31 | World Is a Rainbow, p. 42 Twister, p. 43 Shadow Search, p. 43 | Animal Chant, p. 54 Shady Moves, p. 54 Shadow Moves, p. 54 Catch the Moon, p. 55 Twinkle, Twinkle, p. 55 Hide-and-Seek Light, p. 55 |
| | Social/Emotional | How Do I Feel? p. 20 Color Expressions, p. 20 Color Bags, p. 20 Mystery Person, p. 20 Through the Peephole, p. 21 Making Light Travel, p. 21 | Look How I've Grown, p. 32 Funshine Stories, p. 32 Our Eyes See, p. 32 This Is the Way I Feel, p. 33 Reflections, p. 33 Light Up How I Feel, p. 33 Glowing, p. 33 | Relaxing in the Dark, p. 44 Many Colored Days, p. 44 Rainbow Fish, p. 45 | Firefly Game, p. 56 Night Story, p. 57 Glad Monster, p. 57 |
| | Expressive Language: The ability to use language. | | | | |
| | Language & Literacy | Light and Dark, p. 12 Story Retelling, p. 12 Shadow Puppets, p. 12 In My Room at Night, p. 13 Goodnight, Moon, p. 13 Matching Shades, p. 13 | Puppet Play, p. 24 Wishes, p. 24 Tools to See, p. 24 Signs, p. 25 Opposites, p. 25 Shadow Box, p. 25 | Just Passing Through, p. 36 Festival of Lights, p. 36 Rhyme Time, p. 36 Light and Dark Display, p. 37 Let It Glow, p. 37 | Outside My Window, p. 48 The Dark, Dark Wood, p. 48 Telescopes, p. 49 What Do You See, p. 49 Night Animals, p. 49 Things We Do, p. 49 |
| | Science & Math | Light Scenes, p. 14 In the Light, p. 15 | Did It Grow? p. 26 Rainbow Maker, p. 26 Clocks, p. 27 It Melts! p. 27 Shady Shapes, p. 27 | Seeing Double, p. 38 Punch of a Different Color, p. 38 What Can We See? p. 39 | Time of Day, p. 50 Kaleidoscopes, p. 50 Seeing the Moon, p. 50 Cloudy or Sunny, p. 50 Four Shades, p. 51 Design in the Dark, p. 51 |
| | Creative Expression | In the Dark, p. 16 Mosaics, p. 17 Night Sky, p. 17 Shades of Day and Night, p. 17 Make a Move, p. 19 | Around the Fire, p. 28 Let There Be Light, p. 28 Fanciful Flowers, p. 29 | Light Mixing, p. 40 Paint Palette, p. 41 Tissue Tints, p. 41 Light Bright, p. 41 | Animals in the Dark, p. 52 In the Night Sky, p. 52 Animal Creations, p. 53 Role-Play, p. 53 |
| | Physical Health & Develop. | Moving Shadows, p. 18 | Bear Hunt, p. 30 Red Light, Green Light, p. 30 Rules of the Road, p. 31 | World Is a Rainbow, p. 42 Shadow Search, p. 43 | Animal Chant, p. 54 Shady Moves, p. 54 Shadow Moves, p. 54 Catch the Moon, p. 55 Twinkle, Twinkle, p. 55 Hide-and-Seek Light, p. 55 |
| | Social/Emotional | How Do I Feel? p. 20 Color Expressions, p. 20 Color Bags, p. 20 Mystery Person, p. 20 Through the Peephole, p. 21 Making Light Travel, p. 21 | Look How I've Grown, p. 32 Funshine Stories, p. 32 Our Eyes See, p. 32 This Is the Way I Feel, p. 33 Reflections, p. 33 Light Up How I Feel, p. 33 Glowing, p. 33 | Many Colored Days, p. 44 Rainbow Fish, p. 45 | Firefly Game, p. 56 Night Story, p. 57 Glad Monster, p. 57 |

HRL Topic: Light and Dark

NEW Head Start Domain: Literacy Knowledge and Skills

| Light and Dark | Subtopic: Exploring Light and Dark | Subtopic: Why Is Light Important? | Subtopic: Creating with Light and Dark | Subtopic: In the Dark | |
|----------------|---|---|--|--|---|
| HRL Domains | Book Knowledge and Appreciation: The interest in books and their characteristics, and the ability to understand and get meaning from stories and information from books and other texts. | | | | |
| | Language & Literacy | Light and Dark, p. 12 Story Retelling, p. 12 In My Room at Night, p. 13 Goodnight, Moon, p. 13 | Puppet Play, p. 24 Wishes, p. 24 Opposites, p. 25 | Rhyme Time, p. 36 | Outside My Window, p. 48 The Write Stuff, p. 48 What Do You See, p. 49 |
| | Science & Math | | Rainbow Maker, p. 26 | | Seeing the Moon, p. 50 |
| | Creative Expression | In the Dark, p. 16 Night Sky, p. 17 | | | Animals in the Dark, p. 52 |
| | Physical Health & Develop. | | | Light on Dark, p. 42 | Catch the Moon, p. 55 |
| | Social/Emotional | | | Many Colored Days, p. 44 Rainbow Fish, p. 45 | Firefly Game, p. 56 Glad Monster, p. 57 |
| | Phonological Awareness: An awareness that language can be broken into words, syllables, and smaller pieces of sound. | | | | |
| | Language & Literacy | Light and Dark, p. 12 In My Room at Night, p. 13 Goodnight, Moon, p. 13 | Wishes, p. 24 | Rhyme Time, p. 36 Light and Dark Display, p. 37 Light Box, p. 37 Let It Glow, p. 37 | Outside My Window, p. 48 The Dark, Dark Wood, p. 48 The Write Stuff, p. 48 Telescopes, p. 49 What Do You See, p. 49 Night Animals, p. 49 |
| | Science & Math | | | | |
| | Creative Expression | | Around the Fire, p. 28 | | |
| | Physical Health & Develop. | In the Morning, p. 19 | You Are My Sunshine, p. 30 | | Animal Chant, p. 54 |
| | Social/Emotional | | Look How I've Grown, p. 32 | | Firefly Game, p. 56 |
| | Alphabet Knowledge: The names and sounds associated with letters. | | | | |
| | Language & Literacy | Light and Dark, p. 12 In My Room at Night, p. 13 Goodnight, Moon, p. 13 | Wishes, p. 24 Write with Light, p. 24 Signs, p. 25 | Rhyme Time, p. 36 Light and Dark Display, p. 37 Light Box, p. 37 Let It Glow, p. 37 | Outside My Window, p. 48 The Dark, Dark Wood, p. 48 The Write Stuff, p. 48 Telescopes, p. 49 What Do You See, p. 49 Night Animals, p. 49 |
| | Science & Math | | | | Design in the Dark, p. 51 |
| | Creative Expression | | Around the Fire, p. 28 | | |
| | Physical Health & Develop. | In the Morning, p. 19 | You Are My Sunshine, p. 30 | | |
| | Social/Emotional | | Look How I've Grown, p. 32 | | |
| | Print Concepts and Conventions: The concepts about print and early decoding (identifying letter-sound relationships). | | | | |
| | Language & Literacy | Light and Dark, p. 12 Story Retelling, p. 12 In My Room at Night, p. 13 Goodnight, Moon, p. 13 | Wishes, p. 24 Write with Light, p. 24 Signs, p. 25 Opposites, p. 25 | Rhyme Time, p. 36 Light Box, p. 37 Let It Glow, p. 37 | Outside My Window, p. 48 The Dark, Dark Wood, p. 48 The Write Stuff, p. 48 Telescopes, p. 49 What Do You See, p. 49 Night Animals, p. 49 Things We Do, p. 49v |
| | Science & Math | | Rainbow Maker, p. 26 It Melts! p. 27 | | Seeing the Moon, p. 50 Cloudy or Sunny, p. 50 |
| | Creative Expression | Night Sky, p. 17 | | | |
| | Physical Health & Develop. | In the Morning, p. 19 | You Are My Sunshine, p. 30 Shadow Play, p. 31 Rules of the Road, p. 31 | Light on Dark, p. 42 Shadow Search, p. 43 | Animal Chant, p. 54 Shadow Moves, p. 54 |
| | Social/Emotional | | | Many Colored Days, p. 44 Feeling the Color, p. 45 Rainbow Fish, p. 45 | Firefly Game, p. 56 Glad Monster, p. 57 |

HRL Topic: Light and Dark

NEW Head Start Domain: Literacy Knowledge and Skills

| Light and Dark | Subtopic: Exploring Light and Dark | Subtopic: Why Is Light Important? | Subtopic: Creating with Light and Dark | Subtopic: In the Dark | |
|--------------------------------|---|--|--|---|--|
| v HRL Domains | Early Writing: The familiarity with writing implements, conventions, and emerging skills to communicate through written representations, symbols, and letters. | | | | |
| | Language & Literacy | In My Room at Night, p. 13 Goodnight, Moon, p. 13 | Wishes, p. 24 Write with Light, p. 24 Signs, p. 25 | Rhyme Time, p. 36 Light Box, p. 37 Let It Glow, p. 37 | The Write Stuff, p. 48 What Do You See, p. 49 Night Animals, p. 49 |
| | Science & Math | | | Light and Dark Dough, p. 39 | Design in the Dark, p. 51 |
| | Creative Expression | | | | |
| | Physical Health & Develop. | | | | |
| | Social/Emotional | | Look How I've Grown, p. 32 | | |

HRL Topic: Light and Dark

NEW Head Start Domain: Mathematics Knowledge and Skills

| Light and Dark | Subtopic: Exploring Light and Dark | Subtopic: Why Is Light Important? | Subtopic: Creating with Light and Dark | Subtopic: In the Dark | |
|----------------------------|---|--|---|--|--|
| HRL Domains | Number Concepts and Quantities: The understanding that numbers represent quantities and have ordinal properties (number words represent a rank order, particular size, or position in a list). | | | | |
| | Language & Literacy | Matching Shades, p. 13 | Puppet Play, p. 24 Signs, p. 25 | Let It Glow, p. 37 | |
| | Science & Math | | Shades of Color, p. 26 Clocks, p. 27 | | Four Shades, p. 51 Design in the Dark, p. 51 Animal Match, p. 51 |
| | Creative Expression | | | Paint Palette, p. 41 | |
| | Physical Health & Develop. | | | | Shadow Moves, p. 54 Hide-and-Seek Light, p. 55 |
| | Social/Emotional | | | | |
| | Number Relationships and Operations: The use of numbers to describe relationships and solve problems. | | | | |
| | Language & Literacy | | Puppet Play, p. 24 | | |
| | Science & Math | | Shades of Color, p. 26 Clocks, p. 27 | | Four Shades, p. 51 |
| | Creative Expression | | | | |
| | Physical Health & Develop. | | | | |
| | Social/Emotional | | | | |
| | Geometry and Spatial Sense: The understanding of shapes, their properties, and how objects are related to one another. | | | | |
| | Language & Literacy | | | Light Box, p. 37 | |
| | Science & Math | Rainbow of Colors, p. 15 | | Seeing Double, p. 38 | Four Shades, p. 51 Animal Match, p. 51 |
| | Creative Expression | Let the Sun Shine In, p. 16 | | Sun Prints, p. 40 | |
| | Physical Health & Develop. | | | Move Your Body, p. 42 Twister, p. 43 | |
| | Social/Emotional | | | Our Color Quilt, p. 45 | |
| | Patterns: The recognition of patterns, sequencing, and critical thinking skills necessary to predict and classify objects in a pattern. | | | | |
| | Language & Literacy | Matching Shades, p. 13 | | Festival of Lights, p. 36 Light and Dark Display, p. 37 | |
| | Science & Math | Light Scenes, p. 14 Shades of Color, p. 15 | Shades of Color, p. 26 | Paper Patterns, p. 38 | Time of Day, p. 50 Four Shades, p. 51 |
| | Creative Expression | Painting Light and Dark, p. 16 Mosaics, p. 17 Laundry, p. 17 | | | |
| | Physical Health & Develop. | Parade of Colors, p. 18 Make a Move, p. 19 | | World Is a Rainbow, p. 42 Color Seekers, p. 43 | Animal Chant, p. 54 Shady Moves, p. 54 |
| | Social/Emotional | Color Bags, p. 20 | | Our Color Quilt, p. 45 | |
| | Measurement and Comparison: The understanding of attributes and relative properties of objects as related to size, capacity, and area. | | | | |
| | Language & Literacy | | Did It Grow? p. 26 | | |
| | Science & Math | | Shades of Color, p. 26 | Light and Dark Dough, p. 39 | Four Shades, p. 51 |
| | Creative Expression | | Candle Makers, p. 29 | | |
| Physical Health & Develop. | | | | | |
| Social/Emotional | | Look How I've Grown, p. 32 | | | |

HRL Topic: Light and Dark

NEW Head Start Domain: Science Knowledge and Skills

| Light and Dark | Subtopic: Exploring Light and Dark | Subtopic: Why Is Light Important? | Subtopic: Creating with Light and Dark | Subtopic: In the Dark | |
|----------------|--|--|---|---|--|
| HRL Domains | Scientific Skills and Methods: The skills to observe and collect information and use it to ask questions, predict, explain, and draw conclusions. | | | | |
| | Language & Literacy | Light and Dark, p. 12 Shadow Puppets, p. 12 Matching Shades, p. 13 | Tools to See, p. 24 | Just Passing Through, p. 36 Festival of Lights, p. 36 Light Box, p. 37 | Telescopes, p. 49 |
| | Science & Math | Flashlights, p. 14 Seeing Color, p. 14 Light Scenes, p. 14 Find the Light, p. 14 Shades of Color, p. 15 Rainbow of Colors, p. 15 In the Light, p. 15 | Did It Grow? p. 26 Rainbow Maker, p. 26 Shades of Color, p. 26 Clocks, p. 27 It Melts! p. 27 Shady Shapes, p. 27 | Color Viewers p. 38 Seeing Double, p. 38 Punch of a Different Color, p. 38 What Can We See? p. 39 Light and Dark Dough, p. 39 | Time of Day, p. 50 Kaleidoscopes, p. 50 Seeing the Moon, p. 50 Cloudy or Sunny, p. 50 Four Shades, p. 51 Design in the Dark, p. 51 Animal Match, p. 51 |
| | Creative Expression | Painting Light and Dark, p. 16 | Let There Be Light, p. 28 Making Crayons, p. 29 Fanciful Flowers, p. 29 | Sun Prints, p. 40 Light Mixing, p. 40 Silhouette, p. 40 Paint Palette, p. 41 Tissue Tints, p. 41 | |
| | Physical Health & Develop. | Moving Shadows, p. 18 | Shadow Play, p. 31 | We and Our Shadows, p. 42 Color Seekers, p. 43 | |
| | Social/Emotional | Color Bags, p. 20 Mystery Person, p. 20 Through the Peephole, p. 21 Making Light Travel, p. 21 | Look How I've Grown, p. 32 Our Eyes See, p. 32 Glowing, p. 33 | Mixing Light, p. 44 Feeling the Color, p. 45 | |
| | Conceptual Knowledge of the Natural and Physical World: The acquisition of concepts and facts related to the natural and physical world and understanding of naturally occurring relationships. | | | | |
| | Language & Literacy | Light and Dark, p. 12 Shadow Puppets, p. 12 Matching Shades, p. 13 | Tools to See, p. 24 | Just Passing Through, p. 36 Light Box, p. 37 | Telescopes, p. 49 |
| | Science & Math | Flashlights, p. 14 Seeing Color, p. 14 Light Scenes, p. 14 Find the Light, p. 14 Shades of Color, p. 15 Rainbow of Colors, p. 15 In the Light, p. 15 | Did It Grow? p. 26 Rainbow Maker, p. 26 Shades of Color, p. 26 Clocks, p. 27 It Melts! p. 27 Shady Shapes, p. 27 | Color Viewers p. 38 Seeing Double, p. 38 Punch of a Different Color, p. 38 What Can We See? p. 39 Light and Dark Dough, p. 39 | Time of Day, p. 50 Kaleidoscopes, p. 50 Seeing the Moon, p. 50 Cloudy or Sunny, p. 50 Four Shades, p. 51 Design in the Dark, p. 51 Animal Match, p. 51 |
| | Creative Expression | Painting Light and Dark, p. 16 | Let There Be Light, p. 28 Making Crayons, p. 29 Fanciful Flowers, p. 29 | Sun Prints, p. 40 Light Mixing, p. 40 Silhouette, p. 40 Paint Palette, p. 41 Tissue Tints, p. 41 | Animals in the Dark, p. 52 |
| | Physical Health & Develop. | Moving Shadows, p. 18 | Shadow Play, p. 31 | We and Our Shadows, p. 42 Shadow Search, p. 43 | |
| | Social/Emotional | Color Bags, p. 20 Through the Peephole, p. 21 Making Light Travel, p. 21 | Look How I've Grown, p. 32 Our Eyes See, p. 32 | Mixing Light, p. 44 | |

HRL Topic: Light and Dark

NEW Head Start Domain: Creative Arts Expression

| Light and Dark | Subtopic: Exploring Light and Dark | Subtopic: Why Is Light Important? | Subtopic: Creating with Light and Dark | Subtopic: In the Dark | |
|----------------|--|---|--|---|--|
| HRL Domains | Music: The use of voice and instruments to create sounds. | | | | |
| | Language & Literacy | | | | |
| | Science & Math | | | | |
| | Creative Expression | | | Disco Fever, p. 41 | |
| | Physical Health & Develop. | Parade of Colors, p. 18 Mister Sun, p. 18 Spotlight, p. 19 In the Morning, p. 19 | You Are My Sunshine, p. 30 | Move Your Body, p. 42 World Is a Rainbow, p. 42 Color Seekers, p. 43 | Animal Chant, p. 54 Twinkle, Twinkle, p. 55 |
| | Social/Emotional | | | | |
| | Creative Movement and Dance: The use of the body to move to music and express oneself. | | | | |
| | Language & Literacy | Shadow Puppets, p. 12 | | | |
| | Science & Math | | | | |
| | Creative Expression | | Animal Role-Play, p. 28 | Disco Fever, p. 41 | |
| | Physical Health & Develop. | Parade of Colors, p. 18 Mister Sun, p. 18 Spotlight, p. 19 In the Morning, p. 19 | Bear Hunt, p. 30 Campfire Songs, p. 30 You Are My Sunshine, p. 30 | Move Your Body, p. 42 World Is a Rainbow, p. 42 | Animal Chant, p. 54 |
| | Social/Emotional | | | | |
| | Art: The use of a range of media and materials to create drawings, pictures, and other objects. | | | | |
| | Language & Literacy | Story Retelling, p. 12 In My Room at Night, p. 13 Goodnight, Moon, p. 13 | Wishes, p. 24 Signs, p. 25 | Rhyme Time, p. 36 Light and Dark Display, p. 37 Light Box, p. 37 Let It Glow, p. 37 | Outside My Window, p. 48 What Do You See, p. 49 Night Animals, p. 49 |
| | Science & Math | | | Light and Dark Dough, p. 39 | Seeing the Moon, p. 50 Design in the Dark, p. 51 |
| | Creative Expression | In the Dark, p. 16 Let the Sun Shine In, p. 16 Painting Light and Dark, p. 16 Mosaics, p. 17 Night Sky, p. 17 Shades of Day and Night, p. 17 | Let There Be Light, p. 28 Making Crayons, p. 29 Candle Makers, p. 29 | Sun Prints, p. 40 Light Mixing, p. 40 Silhouette, p. 40 Paint Palette, p. 41 Tissue Tints, p. 41 Disco Fever, p. 41 Light Bright, p. 41 | In the Night Sky, p. 52 Painting in the Dark, p. 52 In the Night, p. 53 Animal Creations, p. 53 |
| | Physical Health & Develop. | | | Light on Dark, p. 42 | Twinkle, Twinkle, p. 55 |
| | Social/Emotional | Color Expressions, p. 20 | | Many Colored Days, p. 44 Our Color Quilt, p. 45 Rainbow Fish, p. 45 | Rising Stars, p. 56 Wish Box, p. 56 Night Story, p. 57 Glad Monster, p. 57 |
| | Drama: The portrayal of events, characters, or stories through acting and using props and language. | | | | |
| | Language & Literacy | | Puppet Play, p. 24 Shadow Box, p. 25 | | Telescopes, p. 49 |
| | Science & Math | | | | Seeing the Moon, p. 50 |
| | Creative Expression | In the Dark, p. 16 | Around the Fire, p. 28 Animal Role-Play, p. 28 Fanciful Flowers, p. 29 | Disco Fever, p. 41 | Animals in the Dark, p. 52 Animal Creations, p. 53 Role-Play, p. 53 |
| | Physical Health & Develop. | Mister Sun, p. 18 | Bear Hunt, p. 30 Campfire Songs, p. 30 | | Catch the Moon, p. 55 Night Story, p. 57 |
| | Social/Emotional | How Do I Feel? p. 20 | This Is the Way I Feel, p. 33 | | |