

Curriculum for Toddlers: Light and Dark E-Z Planner

Take Home Opportunities

A sampling of learning experiences, in addition to the Discoveries-to-Go, that provide ways to engage families and connect them to what children are learning.

Skill and Concept Focus

An easy way to see a sample of learning experiences that focus on beginning concepts of colors, shapes, science/math, and print awareness.

Subtopic 1: Exploring Light and Dark

Take Home Opportunities

Learning Experience	Page Number
Black and White	12
Scribble and Paint	13
Light and Dark Chalk	13

Skill and Concept Focus

Learning Experience	Page Number	Colors	Shapes	Science/Math	Print Awareness
Black and White	12				
Scribble and Paint	13				
Sun Toss	14				

Subtopic 2: Why Is Light Important?

Take Home Opportunities

Learning Experience	Page Number
Seeds Need Light	18
Light Painting	19
Wax Paper Painting	19

Skill and Concept Focus

Learning Experience	Page Number	Colors	Shapes	Science/Math	Print Awareness
Water Watching	18				
Hike and Look	19				
Window Building	21				

Subtopic 3: Creating with Light and Dark

Take Home Opportunities

Learning Experience	Page Number
Light on Dark	25
Light Cups	25
Light and Dark Dots	25

Skill and Concept Focus

Learning Experience	Page Number	Colors	Shapes	Science/Math	Print Awareness
Finger Writing	23				
Dig It	23				
Light and Dark Dots	25				

Subtopic 4: In the Dark

Take Home Opportunities

Learning Experience	Page Number
Stars in the Dark	30
Night Boxes	31
Glowing Pictures	31
I'm a Star	33

Skill and Concept Focus

Learning Experience	Page Number	Colors	Shapes	Science/Math	Print Awareness
Light and Dark Bread	30				
Stars in the Dark	30				
Night Boxes	31				

Expanded Interest Area Ideas

Nighttime Fun – Fill an area of your room with sleeping bags, pillows, blankets, teddy bears, flashlights, pajamas, the book *Goodnight Moon*, and other bedtime materials. This topic provides the opportunity to discuss nightly routines and to explore the fun of light and dark. (Exploring Shadows, p. 22; Flashlight Dance, p. 26; Sleeping in the Dark, p. 31; Dolly Bedtime, p. 33)

The Sun, Moon, and Stars – Using pictures and displays of the sun, moon, and stars, transform an area of your room into the sky. This topic provides an excellent framework for a discussion about the many objects found in the sky. (The Big Round Sun, p. 14; Hide-and-Seek Moon, p. 29; Stars in the Dark, p. 30)