

## Sunny Day Prints

### Materials and Preparations:

- Brightly colored construction paper
- Objects chosen by children
- Chart paper and Marker

### Learning Experiences:

- Lead children outdoors when it is sunny.
- Provide children with brightly colored construction paper.
- Invite them to choose objects, such as flowers, rocks, blocks, shoes, toys, etc., and arrange the items any way they choose on top of the paper.
- Leave the sunny day creations outside in an area with direct sunlight for about an hour.
- Invite children to wonder what will happen to the paper. Record their thoughts on chart paper.
- Return to the sunny day creations and remove the objects from the construction paper. Compare results with children's thoughts.
- Discuss how very hot the sun is and how its heat causes the paper's color to fade.

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## Mango Ice Cream

### Materials and Preparations:

- One 30 oz. can sweetened mango pulp, two 16 oz. cans of frozen mango, or three large, ripe mangoes
- One 32 oz. can of low fat vanilla-flavored yogurt
- Blender
- Measuring cups, ice cream scoops, and plastic wrap

### Directions:

- Blend mango pulp/chunks and vanilla-flavored yogurt until mixed thoroughly.
- Pour  $\frac{1}{2}$  cup of mango mixture into plastic cups. Cover with plastic wrap.
- Place in freezer. Serve when mango ice cream is frozen.

**Alternatives:** Mango popsicles can be made by placing a craft stick in each cup when blended mixture is partially frozen. You may also leave the blended mixture in a large container and allow children to scoop ice cream when frozen.

### Learning Experiences:

- Create a chart to follow the recipe.
- Invite children to follow the instructions from the chart to prepare the mango ice cream.
- While children enjoy their cool treat, encourage them to describe how their bodies feel as they eat the ice cream.

**Home Extension:** Send home the mango ice cream recipe for a cool summer treat children can enjoy with their families.



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## Places Visited This Summer

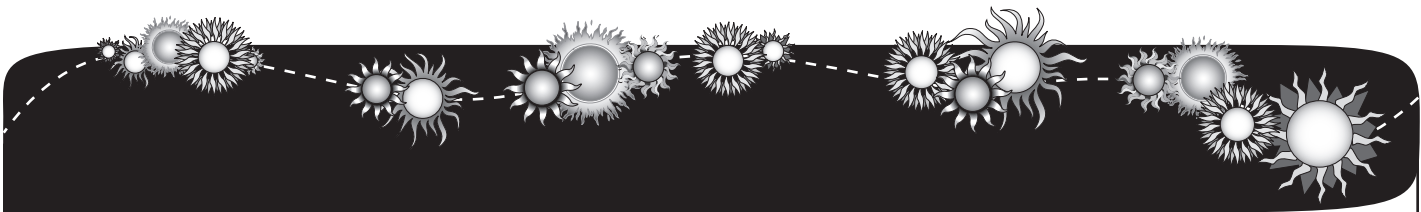
### Materials and Preparations:

- Blank book (staple copies of the **Places Visited page** to create a book for each child)
- Crayons/markers

### Learning Experiences:

- Provide children with their blank Places Visited books.
- Encourage families to complete the blank books together, documenting the places they have visited, points of interest, recreational activities, and interesting facts they discovered. Families may share their Places Visited books for show-and-tell.
- Read the Places Visited books to children and encourage them to share their experiences with friends.
- Invite children to illustrate their book and write their own story or ask an adult to write as children dictate.

**Home Extension:** Invite families to take the Places Visited book for each child to complete during their trips. Encourage families to assist their children in drawing or writing in the books to create special memories.



**Place visited:** \_\_\_\_\_

A large rectangular area with a decorative, wavy border, intended for drawing or writing about the place visited.

**Points of interest:**

Three horizontal lines for writing points of interest.

**Recreational activities:**

Three horizontal lines for writing recreational activities.

**Any other interesting facts:**

Four horizontal lines for writing other interesting facts.

